

**BAHAMAS SWIMMING FEDERATION
NATIONAL CHAMPIONSHIPS
LONG COURSE RECORDS**

GIRLS 13 & 14

July, 2007

EVENT	RECORD	NAME	CITY	DATE
50 FREE	27.51	Ariel Weech'91/SBSC	Nassau	Jul.9, 2006
100 FREE	1:00.92	Ariel Weech'91/SBSC	Nassau	Jul.8, 2006
200 FREE	2:15.20	Arianna Vanderpool-Wallace'90/UN	Nassau	Jul.1, 2005
400 FREE	4:48.51	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jun.25, 2004
800 FREE	10:00.65	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jun.27, 2004
50 BACK	33.78	Jade Thompson'91/BSC	Nassau	Jul.3, 2005
100 BACK	1:11.57	Alana Dillette'87/FAC	Nassau	Jun.29, 2000
200 BACK	2:35.14	Alana Dillette'87/FAC	Nassau	Jul.1, 2001
50 BREAST	36.13	Anthaya Rolle'91/SBSC	Nassau	Jul.7, 2006
100 BREAST	1:18.84	Alicia Lightbourne'90/SBSC	Nassau	Jul.2, 2005
200 BREAST	2:52.67	Alicia Lightbourne'90/SBSC	Nassau	Jul.3, 2005
50 FLY	30.33	Ariel Weech'91/SBSC	Nassau	Jul.8, 2006
100 FLY	1:07.20	Arianna Vanderpool-Wallace'90/UN	Nassau	Jul.3, 2005
200 FLY	2:44.15	Arianna Vanderpool-Wallace'90/UN	Nassau	Jul.3, 2005
200 I.M.	2:30.78	Alicia Lightbourne'90/SBSC	Nassau	Jun.30, 2005
400 I.M.	5:33.16	Alana Dillette'87/FAC	Nassau	Jul.11, 2002
RELAYS				
200 FREE	1:59.14	Ariel Weech; Anthaya Rolle Amber Weech; Ashley Butler/SBSC	Nassau	Jul.6, 2006
400 FREE	4:14.49	Ashley Butler; Amber Weech Anthaya Rolle; Ariel Weech/SBSC	Nassau	Jul.8, 2006
200 MEDLEY	2:11.80	Ariel Weech; Anthaya Rolle Ashley Butler; Amber Weech/SBSC	Nassau	Jul.9, 2006
400 MEDLEY	4:54.62	Ariel Weech; Anthaya Rolle Ashley Butler; Amber Weech/SBSC	Nassau	Jul.7, 2006