

## **SWIFT WINS 6 MEDALS AT MASTERS WORLD CHAMPIONSHIPS**

At the recent 11<sup>th</sup> FINA Masters World Swimming Championships at Stanford University SWIFT Swimming won 6 medals for the Bahamas. The 11 member team consisted of Percy Knowles, Andy Knowles, Nancy Knowles, David Morley, Susan Morley, Allan Murray, Dominic Latella (coach), Sean Nottage, Cameron Roach, Dorian Roach, and Raymond Simpson. The medal haul was led by the “Master” of the team Percy Knowles who won 3 medals with his 5<sup>th</sup> place 100 breaststroke, 7<sup>th</sup> place 50 breaststroke, and 10<sup>th</sup> place 400 freestyle. (Medals are awarded for the top 10 finishes). Percy swam in the 75-79 age group. David Morley followed suit with 2 medals, a 8<sup>th</sup> place 100 backstroke and a 8<sup>th</sup> place 50 backstroke. David competed in the 40-44 age group. Allan Murray completed the medal haul with a 6<sup>th</sup> place finish in the 50 freestyle in the 30-34 age group.

The week long swimming event saw some 5,600 swimmers from 80 nations compete in two Olympic size 50 meter pools with two 25 meter pools for warm-up and swim downs. Each day’s events ran from 8 AM to 6 PM. There were some 144 new world records set covering age groups from 25 to 90 year olds. The swim team that represented both SWIFT and the Bahamas had many personal best performances since competing at both the U.S. Masters Nationals in May and the Bahamas National Championships in July. Along with the medal Haul other top performances included David Morley’s 11<sup>th</sup> place 200 back (just missed a medal) and 21<sup>st</sup> 200 IM. Allan Murray’s 16<sup>th</sup> place 50 fly. Andy Knowles 22<sup>nd</sup> place in both 800 and 400 free. Percy Knowles 14<sup>th</sup> place 200 freestyle. (Percy also would have finished 4<sup>th</sup> in the 200 breast but was DQ’ed for a one hand touch). Sean Nottage’s 37<sup>th</sup> place 50 freestyle, and 40<sup>th</sup> place 100 freestyle. Cameron Roach’s 40<sup>th</sup> place 50 fly. Dorian Roach’s 46<sup>th</sup> place 50 fly and Raymond Simpson’s 36<sup>th</sup> place 50 breaststroke. Another highlight for the team was the relay performances. SWIFT had four relays, 2 men (free and medley) and 2 mixed (free and medley made up of 2 men and 2 women). The top relay finish was from the men’s 200 free relay that finished 15<sup>th</sup>. The relay consisted of Allan Murray, Sean Nottage, Dorian Roach, and Cameron Roach. Allan led off with a 24.3 for the first 50 ( the time would have been good enough for a 2<sup>nd</sup> in the individual 50 free) followed by a 26.05, 26.06, and 25.5 split respectively.

With many of the Bahamas Olympians leading the way Masters swimming in the Bahamas is well on its way to joining the top world rankings.