

BAHAMAS SWIMMING FEDERATION

HISTORY - LONG COURSE RECORDS

GIRLS 11 & 12 - BAHAMAS

August 31, 2007

EVENT	RECORD	NAME	CITY	DATE	Certificate
50 FREE	29.81	Taneca Malcolm'83/FAC	San Juan	Jul.6, 1996	
	29.51	Aymara Albury'85/BSC	Guadeloupe	Apr.18, 1998	
	28.69	Aymara Albury'85/BSC	Bridgetown	Jul.7, 1998	Yes
	28.61	Ashley Butler'92/SBSC	Santo Domingo	Aug.8, 2005	Yes
	28.29	Ashley Butler'92/SBSC	Santo Domingo	Aug.8, 2005	Yes
100 FREE	1:04.99	Sharon Jones'73/BSC	Curacao	Jul.12,1986	
	1:04.19	Aymara Albury'85/BSC	Bridgetown	Jul.15, 1998	
	1:03.97	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.20, 2003	
	1:02.69	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.20, 2003	Yes
	1:02.60	Ashley Butler'92/SBSC	Santo Domingo	Aug.5, 2005	Yes
200 FREE	2:19.84	Sharon Jones'73/BSC	Curacao	Jul.10, 1986	
	2:15.31	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.19, 2003	Yes
400 FREE	4:49.53	Katie Roach'84/SWIFT	Havana	Jul.10, 1997	Yes
800 FREE	10:18.72	Susan Glucksmann'73/SBSC	Guadeloupe	Mar.31, 1986	
	10:08.69	McKayla Lightbourn'92/SWIFT	Nassau	Jun.30, 2005	Yes
	10:05.77	McKayla Lightbourn'92/SWIFT	Gainesville	Jul.14, 2005	Yes
50 BACK	39.20	Iola Saunders'82/SWIFT	Salinas	Nov.25, 1995	
	39.15	Franshon Francis'89/DSC	Nassau	Jul.14, 2001	
	37.01	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	36.79	Caitlin Antoni'90/FAC	Mexico City	Jun.30, 2003	Yes
	36.29	McKayla Lightbourn'92/SWIFT	Curacao	Mar.31, 2005	Yes
	35.62	McKayla Lightbourn'92/SWIFT	Curacao	Mar.31, 2005	Yes
	35.38	Miaeda Hutchinson'92/SBSC	Nassau	Jul.3, 2005	Yes
	34.42	Ashley Butler'92/SBSC	Nassau	Jul.3, 2005	Yes
	34.34	Je'Nae Saunders'94/BSC	Kingston	Apr.7, 2007	Yes
	34.17	Je'Nae Saunders'94/BSC	Kingston	Apr.7, 2007	Yes
100 BACK	1:13.60	Tietchka Knowles'67/DSC	Maroles	Jul.25, 1981	
	1:13.50	Jade Thompson'91/UN	Nassau	Jun.25, 2004	Yes
200 BACK	2:46.61	Katie Roach'84/SWIFT	Havana	Jul.5, 1997	
	2:45.58	Alana Dillette'87/FAC	Aruba	Jul.25, 2000	
	2:40.95	Alana Dillette'87/FAC	Aruba	Jul.25, 2000	
	2:40.92	Jade Thompson'91/UN	Kingston	Jul.5, 2004	Yes
	2:39.83	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.31, 2005	Yes
50 BREAST	41.32	Patricia Thompson'83/SWIFT	Salinas	Nov.24, 1995	
	38.76	Alicia Lightbourne'90/SBSC	Mexico City	Jul.2, 2003	
	36.92	Anthaya Rolle'91/DSC	Kingston	Jul.5, 2004	
	36.86	Anthaya Rolle'91/DSC	Kingston	Jul.5, 2004	Yes
100 BREAST	1:23.62	Sharon Jones'73/BSC	Curacao	Jul.11, 1986	
	1:19.18	Victoria Millar'87/SWIFT	Bridgetown	Apr.30, 2000	Yes
200 BREAST	3:03.61	Sharon Jones'73/BSC	Guadeloupe	Mar.29, 1985	
	2:55.73	Alana Dillette'87/FAC	Bridgetown	Apr.30, 2000	
	2:54.84	Alana Dillette'87/FAC	Nassau	Jun.25, 2000	Yes
	2:52.69	McKayla Lightbourn'92/SWIFT	Curacao	Mar.31, 2005	Yes
	2:51.67	McKayla Lightbourn'92/SWIFT	Gainesville	Jul.15, 2005	Yes
	2:49.65	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.29, 2005	Yes

EVENT	RECORD	NAME	CITY	DATE	Certificate
50 FLY	42.35	Camilla Miller'89/DSC	Ft.Lauderdale	Apr.1, 2000	
	35.64	Chanteia Musgrove'88/SBSC	Nassau	Jul.14, 2001	
	35.27	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	34.02	Jade Thompson'91/SBSC	Mexico City	Jul.1, 2003	
	33.21	Jade Thompson'91/UN	Kingston	Jul.2, 2004	
	32.43	Jade Thompson'91/UN	Kingston	Jul.2, 2004	Yes
	32.03	Kadesha Culmer'92/FAC	Curacao	Apr.1, 2005	Yes
	31.82	Kadesha Culmer'92/FAC	Curacao	Apr.1, 2005	Yes
	31.81	Kadesha Culmer'92/FAC	Santo Domingo	Aug.4, 2005	Yes
		31.31	Maya Albury'94/WAVE	Kingston	Apr.8, 2007
100 FLY	1:12.55	Sharon Jones'73/BSC	Curacao	Jul.12,1986	
	1:11.27	Arianna Vanderpool-Wallace'90/TPAC	Curacao	Jul.3, 2002	
	1:11.19	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.19, 2003	
	1:08.95	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.19, 2003	Yes
200 FLY	2:47.81	Katie Roach'84/SWIFT	Havana	Jul.10, 1997	
	2:41.81	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.20, 2003	Yes
	2:41.14	Bria Deveaux'94/BSC	San Salvador	Jun.25, 2007	Yes
200 I.M.	2:35.92	Sharon Jones'73/BSC	Curacao	Jul.10, 1986	Yes
	2:33.39	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.30, 2005	Yes
400 I.M	6:26.26	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	6:01.70	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.11, 2002	
	5:51.79	Alicia Lightbourne'90/SBSC	Nassau	Jul.10, 2003	Yes
	5:46.64	McKayla Lightbourn'92/SWIFT	Nassau	Feb.5, 2005	Yes
	5:35.22	McKayla Lightbourn'92/SWIFT	Curacao	Apr.1, 2005	Yes
	5:27.09	McKayla Lightbourn'92/SWIFT	Gainesville	Jul.15, 2005	Yes
	5:26.24	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.29, 2005	Yes
	5:23.27	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.29, 2005	Yes
RELAYS					
200 FREE	2:04.32	Kerel Pinder;Jennifer Davis;	Guadeloupe	Apr.18, 1998	
		Aymara Albury;Nikia Deveaux/BAH			
	2:00.00	Nikia Deveaux;Aymara Ablury;	Bridgetown	Apr.30, 2000	
		Kerel Pinder;Krizia Farrington/BAH			
	1:59.04	Arianna Vanderpool-Wallace;Caitlin Antoni;	Kingston	Apr.21, 2003	Yes
	Jade Thompson;Alicia Lightbourne/BAH				
400 FREE	4:28.44	Sharon Jones;Lori Thompson;	Curacao	Jul.11, 1986	
		Susan Glucksmann;Jane Saunders/BAH			
	4:24.71	Arianna Vanderpool-Wallace;Caitlin Antoni;	Kingston	Apr.19, 2003	
	4:23.18	Jade Thompson;Alicia Lightbourne/BAH	Mexico City	Jul.3, 2003	Yes
200 MEDLEY	2:29.09	Camilla Miller;Melissa Ferguson;	Nassau	Jun.29, 2001	
		Franshon Francis;Brittany Smith/DSC			
	2:24.21	Camilla Miller;Melissa Ferguson;	Nassau	Jul.12, 2002	Yes
		Franshon Francis;Krysti Bowe/DSC			
	2:23.72	Ariel Weech;Adrienne Lightbourne;	Nassau	Nov.20, 2004	Yes
	2:20.63	Ashley Butler;Amber Weech/SBSC			
	Miaeda Hutchinson;Adrienne Lightbourne;	Nassau	Jul.3, 2005	Yes	
	Shaunte Moss;Ashley Butler/SBSC				
400 MEDLEY	5:06.56	Jane Saunders;Lori Thompson;	Curacao	Jul.13, 1986	
		Sharon Jone;Susan Glucksmann/BAH			

	5:02.76	Caitlin Antoni;Anthaya Rolle;	Kingston	Apr.20, 2003	
		Arianna Vanderpool-Wallace;Alicia Lightbourne/BAH			
	4:58.56	Ariel Weech;Anthaya Rolle;	Kingston	Jul.6, 2004	Yes
		Jade Thompson;Ashley Butler/BAH			

GIRLS 11 & 12 - OPEN

August 31, 2007

EVENT	RECORD	NAME	CITY	DATE	Certificate
50 FREE	30.28	Alana Dillette'87/FAC	Nassau	Jun.25, 2000	
	29.77	Gabrielle Gripacus'90/AGF	Nassau	Apr.22, 2001	
	29.75	Alexis Jordan'90/BAR	Nassau	Apr.22, 2001	
	29.44	Nishani Cicilson'91/SUR	Nassau	Apr.18, 2004	Yes
	29.19	Jade Thompson'91/UN	Nassau	Jun.27, 2004	Yes
	28.88	Ashley Butler'92/SBSC	Nassau	Jul.3, 2005	Yes
100 FREE	1:05.64	Alana Dillette'87/FAC	Nassau	Jun.24, 2000	
	1:05.16	Alana Dillette'87/FAC	Nassau	Jun.24, 2000	
	1:04.70	Shannon Duval'90/TRI	Nassau	Apr.21, 2001	
	1:04.24	Gabrielle Gripacus'90/AGF	Nassau	Apr.21, 2001	
	1:04.20	Tuesday Watts'91/GRN	Nassau	Apr.17, 2004	Yes
	1:04.08	Jade Thompson'91/UN	Nassau	Jun.26, 2004	Yes
200 FREE	2:26.14	Alana Dillette'87/FAC	Nassau	Jun.23, 2000	
	2:19.31	Shannon Duval'90/TRI	Nassau	Apr.20, 2001	
	2:19.28	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.11, 2003	
	2:17.91	Tuesday Watts'91/GRN	Nassau	Apr.16, 2004	Yes
	2:16.40	Tuesday Watts'91/GRN	Nassau	Apr.16, 2004	Yes
400 FREE	5:26.29	Carla Cargill'87/SBSC	Nassau	Jun.23, 2000	
	5:00.02	Shannon Duval'90/TRI	Nassau	Apr.21, 2001	
	4:50.13	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.11, 2003	
	4:44.69	Tuesday Watts'91/GRN	Nassau	Apr.18, 2004	Yes
800 FREE	11:54.57	Franshon Francis'89/DSC	Nassau	Jul.14, 2002	
	11:21.28	Jessica Greene'92/BSC	Nassau	Jun.27, 2004	Yes
	10:08.69	McKayla Lightbourn'92/SWIFT	Nassau	Jun.30, 2005	Yes
50 BACK	39.15	Franshon Francis'89/DSC	Nassau	Jul.14, 2001	
	37.01	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	35.06	Tuesday Watts'91/GRN	Nassau	Apr.17, 2004	Yes
	34.42	Ashley Butler'92/SBSC	Nassau	Jul.3, 2005	Yes
100 BACK	1:14.32	Alana Dillette'87/FAC	Nassau	Jun.23, 2000	
	1:14.04	Alexis Jordan'90/BAR	Nassau	Apr.20, 2001	
	1:13.50	Jade Thompson'91/UN	Nassau	Jun.25, 2004	Yes
200 BACK	2:58.47	Carla Cargill'87/SBSC	Nassau	Jun.25, 2000	
	2:58.38	Chanteia Musgrove'88/SBSC	Nassau	Mar.2, 2001	
	2:45.65	Aegina Brahim'90/SUR	Nassau	Apr.22, 2001	
	2:43.95	Johanna Marinette'91/AGF	Nassau	Apr.18, 2004	Yes
	2:39.54	Meg Fisher-Wells'91/CAY	Nassau	Apr.18, 2004	Yes
EVENT	RECORD	NAME	CITY	DATE	Certificate
50 BREAST	45.45	Ravyn Deveaux'92/BSC	Nassau	Feb.21, 2004	
	40.34	Ferancia Madretsma'91/SUR	Nassau	Apr.18, 2004	
	39.23	Ferancia Madretsma'91/SUR	Nassau	Apr.18, 2004	Yes
	37.94	Shaunte Moss'93/SBSC	Nassau	Jul.1, 2005	Yes

	37.26	Adrienne Lightbourne'92/SBSC	Nassau	Jul.1, 2005	Yes
	37.15	Je'Nae Saunders'94/BSC	Nassau	May 11, 2007	Yes
	37.13	Je'Nae Saunders'94/BSC	Nassau	May 11, 2007	Yes
100 BREAST	1:23.15	Victoria Millar'87/SWIFT	Nassau	Jun.24, 2000	
	1:22.90	Shannon Duval'90/TRI	Nassau	Apr.22, 2001	
	1:21.57	Shannon Duval'90/TRI	Nassau	Apr.22, 2001	Yes
200 BREAST	2:54.84	Alana Dillette'87/FAC	Nassau	Jun.25, 2000	Yes
50 FLY	35.64	Chanteia Musgrove'88/SBSC	Nassau	Jul.14, 2001	
	35.27	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	34.88	Jade Thompson'91/UN	Nassau	Feb.21, 2004	
	32.78	Priscilla Jannasch'91/SUR	Nassau	Apr.16, 2004	Yes
	32.08	Priscilla Jannasch'91/SUR	Nassau	Apr.16, 2004	Yes
	31.67	Maya Albury'94/WAVE	Nassau	May 12, 2007	Yes
100 FLY	1:22.49	Ecarscha Smith'87/DSC	Nassau	Jun.23, 2000	
	1:19.26	Ecarscha Smith'87/DSC	Nassau	Jun.23, 2000	
	1:16.04	Janique Jessurun'91/SUR	Nassau	Apr.20, 2001	
	1:15.07	Jodie Foster'91/CAY	Nassau	Apr.20, 2001	
	1:13.17	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.12, 2002	
	1:12.19	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.11, 2003	
	1:11.40	Meg Fisher-Wells'91/CAY	Nassau	Apr.16, 2004	Yes
	1:10.71	Meg Fisher-Wells'91/CAY	Nassau	Apr.16, 2004	Yes
200 FLY	3:02.36	Ecarscha Smith'87/DSC	Nassau	Jun.24, 2000	
	2:44.39	Jodie Foster'91/CAY	Nassau	Apr.22, 2001	
	2:33.39	Meg Fisher-Wells'91/CAY	Nassau	Apr.17, 2004	Yes
200 I.M.	2:41.19	Alana Dillette'87/FAC	Nassau	Jun.22, 2000	
	2:40.84	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.12, 2003	
	2:37.07	Tuesday Watts'91/GRN	Nassau	Apr.17, 2004	Yes
400 I.M	6:26.26	Franshon Francis'89/DSC	Nassau	Mar.9, 2001	
	6:01.70	Arianna Vanderpool-Wallace'90/TPAC	Nassau	Jul.11, 2002	
	5:51.79	Alicia Lightbourne'90/SBSC	Nassau	Jul.10, 2003	Yes
	5:46.64	McKayla Lightbourn'92/SWIFT	Nassau	Feb.5, 2005	Yes
	5:44.01	McKayla Lightbourn'92/SWIFT	Nassau	Jul.2, 2005	Yes
RELAYS					
200 FREE	2:14.54	Lisa Rombough;Kara Culmer-Wilson; Julia Brown;Carla Cargill/SBSC	Nassau	Jun.25, 2000	
	2:04.59	Shannon Duval;Whitney Wint; Kimba Collymore;Zahra DeFour/TRI	Nassau	Apr.22, 2001	
	2:00.84	Jade Thompson;Ashley Butler; Amber Weech;Ariel Weech/BAH	Nassau	Apr.18, 2004	Yes
400 FREE	5:09.74	Lisa Rombough;Kara Culmer-Wilson; Julia Brown;Carla Cargill/SBSC	Nassau	Jun.22, 2000	
	4:35.61	Gabrielle Gripacus;Jessy Ortole; Maite Gautry;Alizee Fenasse/AGF	Nassau	Apr.20, 2001	
	4:25.76	Jade Thompson;Ashley Butler; Ariel Weech;Jessica Greene/BAH	Nassau	Apr.16, 2004	Yes
200 MEDLEY	2:37.16	Lisa Rombough;Kara Culmer-Wilson; Carla Cargill;Julia Brown/SBSC	Nassau	Jun.23, 2000	
	2:29.09	Camilla Miller;Melissa Ferguson; Franshon Francis;Brittany Smith/DSC	Nassau	Jun.29, 2001	
	2:24.21	Camilla Miller;Melissa Ferguson; Franshon Francis;Krysti Bowe/DSC	Nassau	Jul.12, 2002	Yes
	2:23.72	Ariel Weech;Adrienne Lightbourne;	Nassau	Nov.20, 2004	Yes

		Ashley Butler;Amber Weech/SBSC			
	2:20.63	Miaeda Hutchinson;Adrienne Lightbourne; Shaunte Moss;Ashley Butler/SBSC	Nassau	Jul.3, 2005	Yes
400 MEDLEY	5:57.47	Lisa Rombough;Kara Culmer-Wilson; Carla Cargill;Julia Brown/SBSC	Nassau	Jun.24, 2000	
	5:07.53	Zahra DeFour;Kimba Collymore; Whitney Wint;Shannon Duval/TRI	Nassau	Apr.21, 2001	
	5:07.22	Ariel Weech;Anthaya Rolle; Jade Thompson;Ashely Butler/BAH	Nassau	Apr.17, 2004	Yes