

# BAHAMAS SWIMMING FEDERATION

## LONG COURSE RECORDS

BOYS 13 & 14 - BAHAMAS

August 8, 2008

EVENT	RECORD	NAME	CITY	DATE
50 FREE	24.98	Vereance Burrows'89/FAC	Nassau	Apr.18, 2004
100 FREE	55.37	Christopher Vythoulikas'84/DSC	Bridgetown	Jul.15, 1998
200 FREE	2:03.57	John Bradley'91/WAVE	Salinas	Jun. 26, 2006
400 FREE	4:14.72	Jeremy Knowles'81/SWIFT	Salinas	Nov.29, 1996
1500 FREE	16:49.67	Jeremy Knowles'81/SWIFT	Salinas	Nov.28, 1996
50 BACK	29.97	Mancer Roberts'93/BSC	Kingston	Jul.20, 2008
100 BACK	1:00.57	Christopher Vythoulikas'84/DSC	Winnipeg	Aug.7, 1999
200 BACK	2:17.86	Nicholas Rees'82/BSC	Havana	Jul.6, 1997
50 BREAST	32.66	Evante Gibson'94/WAVE	Kingston	Jul.22, 2008
100 BREAST	1:11.13	Travano McPhee'85/DSC	Aruba	Jul.23, 2000
200 BREAST	2:27.04	Jeremy Knowles'81/SWIFT	Salinas	Nov.30, 1996
50 FLY	27.02	Denaj Seymour'89/UN	Kingston	Jul.2, 2004
100 FLY	59.23	Nicholas Rees'82/BSC	Havana	Jul.8, 1997
200 FLY	2:15.14	Nicholas Rees'82/BSC	Havana	Jul.5, 1997
200 I.M.	2:13.80	Jeremy Knowles'81/SWIFT	Salinas	Nov.29, 1996
400 I.M.	4:47.11	Jeremy Knowles'81/SWIFT	San Juan	Jul.3, 1996
<b>RELAYS</b>				
200 FREE	1:43.62	Vereance Burrows;Denaj Seymour; Je'Vaughn Saunders;Barrington Miller/BAH	Nassau	Apr.18, 2004
400 FREE	3:52.76	Vereance Burrows;Barrington Miller; Je'Vaughn Saunders;Denaj Seymour/BAH	Nassau	Apr.16, 2004
800 FREE	8:56.64	John Bradley;Jonathan Bain; Taylor Lewis;Kieran Deveaux/BAH	Curacao	Apr.2, 2005
200 MEDLEY	2:03.88	Mancer Roberts;Pemrae Walker; Brent Thompson;Devonn Knowles/BSC	Nassau	May 13, 2007
400 MEDLEY	4:18.18	Nicholas Rees;Gevon Nairn; Jamaal Carey;Jonathan Cancino/BAH	Havana	Jul.6, 1997

BOYS 13 & 14 - OPEN

August 8, 2008

EVENT	RECORD	NAME	CITY	DATE
50 FREE	24.92	Brad Hamilton'89/JAM	Nassau	Apr.18, 2004
100 FREE	53.69	Brad Hamilton'89/JAM	Nassau	Apr.17, 2004
200 FREE	1:59.84	Brad Hamilton'89/JAM	Nassau	Apr.16, 2004
400 FREE	4:17.16	Brad Hamilton'89/JAM	Nassau	Apr.18, 2004
1500 FREE	17:04.95	Micky Van Der Vaart'89/ARUBA	Nassau	Apr.15, 2004
50 BACK	30.66	Mancer Roberts'93/BSC	Nassau	Jun.29, 2008
100 BACK	1:01.95	Nicholas Bovell'86/TRI	Nassau	Apr.20, 2001
200 BACK	2:19.21	Brett Fraser'89/CAY	Nassau	Apr.18, 2004
50 BREAST	32.94	Brent Thompson'92/BSC	Nassau	May 11, 2007
100 BREAST	1:10.17	Nicholas Bovell'86/TRI	Nassau	Apr.22, 2001
200 BREAST	2:35.77	Nicholas Bovell'86/TRI	Nassau	Apr.21, 2001
50 FLY	27.49	Evante Gibson'94/WAVE	Nassau	Jun.28, 2008
100 FLY	1:00.82	Nicholas Bovell'86/TRI;Brad Hamilton'89/JAM	Nassau	Apr.20,2001/Apr.16,2004
200 FLY	2:20.42	Robert Dillette'86/FAC	Nassau	Apr.22, 2001
200 I.M.	2:17.39	Nicholas Bovell'86/TRI	Nassau	Apr.21, 2001
400 I.M.	4:50.90	Nicholas Bovell'86/TRI	Nassau	Apr.20, 2001
<b>RELAYS</b>				
200 FREE	1:43.62	Vereance Burrows;Denaj Seymour; Je'Vaughn Saunders;Barrington Miller/BAH	Nassau	Apr.18, 2004
400 FREE	3:52.46	Alford Green;Jonathan Wong; Rohan Johnson;Brad Hamilton/JAM	Nassau	Apr.16, 2004
200 MEDLEY	2:03.88	Mancer Roberts;Pemrae Walker Brent Thompson;Devonn Knowles/BSC	Nassau	May 13, 2007
400 MEDLEY	4:23.15	Bjorn Romer;Nigel Jesus; Kendrick Bakhuis;Rodion Davelaar/AHO	Nassau	Apr.17, 2004