

# BAHAMAS SWIMMING FEDERATION

## LONG COURSE RECORDS

GIRLS 11 & 12 - BAHAMAS

August 8, 2008

EVENT	RECORD	NAME	CITY	DATE
50 FREE	28.29	Ashley Butler'92/SBSC	Santo Domingo	Aug.8, 2005
100 FREE	1:02.60	Ashley Butler'92/SBSC	Santo Domingo	Aug.5, 2005
200 FREE	2:15.31	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.19, 2003
400 FREE	4:49.53	Katie Roach'84/SWIFT	Havana	Jul.10, 1997
800 FREE	10:05.77	McKayla Lightbourn'92/SWIFT	Gainesville	Jul.14,2005
50 BACK	34.17	Je'Nae Saunders'94/BSC	Kingston	Apr.7, 2007
100 BACK	1:13.50	Jade Thompson'91/UN	Nassau	Jun.25, 2004
200 BACK	2:39.83	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.31, 2005
50 BREAST	36.86	Anthaya Rolle'91/DSC	Kingston	Jul.5, 2004
100 BREAST	1:19.18	Victoria Millar'87/SWIFT	Bridgetown	Apr.30, 2000
200 BREAST	2:49.65	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.29, 2005
50 FLY	31.31	Maya Albury'94/WAVE	Kingston	Apr.8, 2007
100 FLY	1:08.95	Arianna Vanderpool-Wallace'90/TPAC	Kingston	Apr.19, 2003
200 FLY	2:41.14	Bria Deveaux'94/BSC	San Salvador	Jun.25, 2007
200 I.M.	2:33.39	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.30, 2005
400 I.M.	5:23.27	McKayla Lightbourn'92/SWIFT	Ft. Pierce	Jul.29, 2005
<b>RELAYS</b>				
200 FREE	1:59.04	Arianna Vanderpool-Wallace;Caitlin Antoni; Jade Thompson;Alicia Lightbourne/BAH	Kingston	Apr.21, 2003
400 FREE	4:23.18	Arianna Vanderpool-Wallace;Caitlin Antoni; Jade Thompson;Alicia Lightbourne/BAH	Mexico City	Jul.3, 2003
200 MEDLEY	2:20.63	Miaeda Hutchinson;Adrienne Lightbourne; Shaunte Moss;Ashley Butler/SBSC	Nassau	Jul.3, 2005
400 MEDLEY	4:58.56	Ariel Weech;Anthaya Rolle; Jade Thompson;Ashley Butler/BAH	Kingston	Jul.6, 2004

GIRLS 11 & 12 - OPEN

August 8, 2008

EVENT	RECORD	NAME	CITY	DATE
50 FREE	28.88	Ashley Butler'92/SBSC	Nassau	Jul.3, 2005
100 FREE	1:04.08	Jade Thompson'91/UN	Nassau	Jun.26, 2004
200 FREE	2:16.40	Tuesday Watts'91/GRN	Nassau	Apr.16, 2004
400 FREE	4:44.69	Tuesday Watts'91/GRN	Nassau	Apr.18, 2004
800 FREE	10:08.69	McKayla Lightbourn'92/SWIFT	Nassau	Jun.30, 2005
50 BACK	34.42	Ashley Butler'92/SBSC	Nassau	Jul.3, 2005
100 BACK	1:13.50	Jade Thompson'91/UN	Nassau	Jun.25, 2004
200 BACK	2:39.54	Meg Fisher-Wells'91/CAY	Nassau	Apr.18, 2004
50 BREAST	37.13	Je'Nae Saunders'94/BSC	Nassau	May 11, 2007
100 BREAST	1:21.57	Shannon Duval'90/TRI	Nassau	Apr.22, 2001
200 BREAST	2:54.84	Alana Dilllette'87/FAC	Nassau	Jun.25, 2000
50 FLY	31.67	Maya Albury'94/WAVE	Nassau	May 12, 2007
100 FLY	1:10.71	Meg Fisher-Wells'91/CAY	Nassau	Apr.16, 2004
200 FLY	2:33.39	Meg Fisher-Wells'91/CAY	Nassau	Apr.17, 2004
200 I.M.	2:37.07	Tuesday Watts'91/GRN	Nassau	Apr.17, 2004
400 I.M.	5:44.01	McKayla Lightbourn'92/SWIFT	Nassau	Jul.2, 2005
<b>RELAYS</b>				
200 FREE	2:00.84	Jade Thompson;Ashley Butler; Amber Weech;Ariel Weech/BAH	Nassau	Apr.18, 2004
400 FREE	4:25.76	Jade Thompson;Ashley Butler; Ariel Weech;Jessica Greene/BAH	Nassau	Apr.16, 2004
200 MEDLEY	2:20.63	Miaeda Hutchinson;Adrienne Lightbourne; Shaunte Moss;Ashley Butler/SBSC	Nassau	Jul.3, 2005
400 MEDLEY	5:07.22	Ariel Weech;Anthaya Rolle;	Nassau	Apr.17, 2004

	Jade Thompson;Ashely Butler/BAH		
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