



2020 UANA Swimming Cup
February 21-23, 2020
The Videna Aquatic Complex
Lima, Peru



The Union Americana de Natacion (UANA) extends a cordial invitation to the member Federations of UANA to participate in The UANA Swimming Cup to be held at The Videna Aquatic Complex, in Lima, Peru, February 21-23, 2020.

1. Overview

Competition Pool Specifications

- Myrtha Pools brand of 50 meters, with 10 lanes, and depth of 3 meters
- Starting blocks: Myrtha
- Starting block top wedges: Myrtha
- Backstroke starting ledges: Myrtha
- Timing system: Swiss Timing
- Scoreboard: Swiss Timing
- Meet Management software: Hytek

Warm-Up Pool Specifications

- Myrtha Pools brand of 50 meters, with 10 lines and depth 2 meters
- Pool with mobile bridge
- Starting blocks: Myrtha

Invited Federations

- Zone 1—CCCAN: Antigua & Barbuda, Aruba, Bahamas, Barbados, Bermuda, British Virgin Islands, Cayman Islands, Costa Rica, Cuba, Curacao, Dominica, Dominican Republic, El Salvador, Grenada, Guatemala, Honduras, US Virgin Islands, Jamaica, Mexico, Nicaragua, Panama, Puerto Rico, St. Kitts & Nevis, St. Lucia, Turks & Caicos, St. Vincent & The Grenadines, Trinidad & Tobago
- Zone 2—CONSANT: Argentina, Bolivia, Brazil, Colombia, Chile, Ecuador, Guyana, Peru, Paraguay, Suriname, Uruguay, Venezuela
- Zone 3: United States of America
- Zone 4: Canada

2. Schedule

Wednesday, February 19, 2020

Arrival of Teams

Thursday, February 20, 2020

Team Training Available: 08.30-11.00 & 15.00-18.00

Technical Meeting: 17.00

Opening Ceremony: 18.00

Friday, February 21, 2020: Day 1 Competition

Warm-Ups: 08.30-10.00

Start of Competition: 10.30

Welcome to Athletes: 18.30

Saturday, February 22, 2020: Day 2 Competition

Warm-Ups: 08.30-10.00

Start of Competition: 10.30

Sunday, February 23, 2020: Day 3 Competition

Warm-Ups: 08.30-10.00

Start of Competition: 10.30

Closing Remarks & Presentation of High Point Trophies

Departure of Teams

3. COMPETITION RULES

The competition will be conducted in accordance with FINA Rules 2017- 2021 in force at the start of the competition.

Age Groups

The swimmers' age group shall be determined by the age of the swimmer as of midnight, December 31, 2019.

Competitors shall compete in the following age groups:

11-12: Female and male-athletes born in the years 2008 and 2007 are eligible to compete

13-14: Female and male-athletes born in the years 2006 & 2005 are eligible to compete

15-17: Female and male-athletes born in the years 2004, 2003, 2002 are eligible to compete

Registration & Entries

- Each National Federation will be limited to a maximum of 6 swimmers per age group, male and female, totalling a maximum of 36 swimmers overall. There is no limit to the number of events per swimmer.
- No substitutions or alternates will be accepted after the final entries have been submitted, except in relays.
- All relay participants must have been entered in the meet. No competitor will be allowed to participate in an age group outside of his/her age group.
- In the relays, each country must enter 4 competitors. The order of swimmers in each relay must be submitted to the Clerk of Course one hour before the start of each day's proceedings.
- All events are timed finals.
- Pool will be open 90 minutes before each session for warm-ups.
- The warm up routine will be an open lane format with sprinting taking place in lanes 1 and 8, beginning 30 minutes before the end of the warm up period. Pace laps will take place in lanes 0 and 9.
- Swimmers must report to the Clerk of Course and must be in the swimmers' waiting area at least 30 minutes before the heat or event in which he/she is entered.

Eligibility

- All participating Federations must be in good standing with FINA and all other affiliated members.
- All competitors must be either citizens of the Country they represent whether by birth or naturalisation provided that a naturalised citizen shall have lived in that Country for at least one year prior to the entry deadline for the UANA Swimming Cup. Additionally, non-citizens may be entered provided the competitor has been resident in the Country for one year prior to the entry deadline and must not have swum for another Country during that period. All competitors must be registered with, or a member of, the swimming Federation of the Country they represent.
- Competitors who are non-citizens are required to present 'proof of residency' documents, which could be proof of club membership, proof of attendance at school or any other organisation.

Preliminary Entries

Preliminary entries or intention to participate must be submitted to UANA by December 10, 2019 on the attached forms. Preliminary entries must indicate the number of swimmers—male and female—in each age group.

Final Entries

Final entries must be submitted to UANA by January 21, 2020 using HYTEK software. The UANA TSC will issue a Hytek "Meet events" file immediately after receiving the preliminary entries. The psych sheet will be posted on the UANA website by January 29, 2020.

Both Preliminary and final entries must be submitted to the UANA Technical Swimming Committee as follows:

Sonia O'Neal: sonpat@caribsurf.com

Jay Thomas: jaythomas@gmail.com

Raul Araya: rauljaraya@gmail.com

Time Trials

Time trials will be offered at the end of each session in the events not listed in the meet programme. For athletes not entered in the meet, entries for time trials should be submitted with the final entries on January 29, 2020. For athletes entered in the meet, time trial entries must be submitted each day one hour before the start of each session to the Meet Referee. Due to time constraints, time trials will only be offered to swimmers in the 15-17 age group, meaning athletes born in the years 2002, 2003 & 2004. An athlete may only participate in one time trial per day. Athletes will be required to provide their own lap counter assistant as necessary.

Entry Fees

There are no registration or entry fees.

Distance Seeding

The 400 Meter Freestyle and 400 Meter Individual Medley events will be seeded with the fastest eight swimmers in each age group seeded together by age group, followed by all remaining swimmers seeded fastest to slowest with all age groups combined for the purposes of swimming the event. Results will be separated and scored by age group.

4. Awards and Scoring

Scoring

| | | |
|---------------|---|----------|
| First Place | - | 9 points |
| Second Place | - | 7 points |
| Third Place | - | 6 points |
| Fourth Place | - | 5 points |
| Fifth Place | - | 4 points |
| Sixth Place | - | 3 points |
| Seventh Place | - | 2 points |
| Eighth Place | - | 1 point |

Relays will score double points.

Medals

Medals will be awarded to the first three swimmers in each event. There will be no formal medal presentation ceremony, as time will not permit this. Medals will be available for pickup shortly after the conclusion of the event or at the end of the day's proceedings. A commemorative backdrop will be made available where swimmers may have photographs taken with their awards.

High Point Awards

- Individual High Point Award—A high point award will be presented to one swimmer in each age group (female & male) based on the number of points scored in their individual events. Presentation will take place at the end of the meet.
- National Federation Point Award—A National Federation high point award will be presented to the National Federation winner in each age group (female & male) based on the total number of points scored by adding individual and relay points. Presentation will take place at the end of the meet.
- UANA Swimming Cup Zone Award—The 2020 UANA Swimming Cup Zone Award award will be determined by adding the scoring of National Federations from each ZONE in individual and relay events. There will be two awards presented—CCCAN vs. CONSANANT and USA vs. CAN. Presentation will take place at the end of the meet.

Certificate of Participation

All competitors shall receive a certificate in recognition of their participation.

5. Technical Officials

Qualified individuals may apply to UANA to act as Technical Officials in swimming. All technical officials are expected to cover their own travel and accommodation expenses. An application form be completed by the Technical Official and sent to the email addresses of the UANA Technical Swimming Committee as listed below.

Sonia O'Neal: sonpat@caribsurf.com

Jay Thomas: jaythomas@gmail.com

Raul Araya: rauljaraya@gmail.com

Refreshment will be served to Technical Officials during the Competition.

6. Technical Meeting

A Technical Meeting will be held on Thursday, February 20 at 5:00 PM at the Videna Aquatic Complex to consider the following:

- 1) Scratches
- 2) General discussion on competition
- 3) Answer queries

7. Protests

All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the results of the event. The protest must be signed by the Delegation's Representative and accompanied by US\$100.00. If the protest is upheld, the fee will be returned to the Delegation's leader.

8. Jury of Appeal

The Jury of Appeal, comprising three disinterested persons, to adjudicate all appeals against a Referee's rejection of a protest, will be selected from the UANA Commission members for the competition.

9. Medical Insurance

Medical insurance is the responsibility of each athlete, coach, official, supporter, and National Federation representative. Neither UANA, FINA, nor the host nation assume any responsibility for medical attention of the participants.

10. Hotel Options for National Federations, Parents, and Supporters

All National Federations affiliated to UANA are invited to receive significant benefits by registering to participate in the UANA Package.

For those National Federations that register to participate in the UANA Package, athletes, coaches, support staff, international technical officials, and National Federation leaders will receive the following benefits:

- Shuttle transportation from the **Jorge Chavez International Airport** to the hotel and return to the **Jorge Chavez International Airport**.
- Bus or Mini Bus transportation from the official hotel to and from the The Videna Aquatic Complex
- Breakfast, lunch and dinner at the official hotel.
- This package is valid from dinner on February 19 through breakfast on February 24 (5 days).

Important Registration Dates for the UANA Package:

- Preliminary deadline to register is November 18, 2019; after this date any federation that has not confirmed their intent to register for the UANA package will no longer be able to receive the benefits of the package.
- Final reservation for the UANA package is December 18, 2019; after this date any federation that has registered, but has not confirmed their number of hotel rooms will not be able to receive the benefits of the package.
- Final Payment must be received by January 18, 2019; after this date any federation that has not submitted their payment will no longer be able to receive the benefits of the package.

KINGDOM HOTEL

Address: Av. Arenales 1798, Lince 15073

1. US\$ 70.00 per person per nights for quadruple occupancy room.
2. US\$ 90.00 per person per nights for triple occupancy room.
3. US\$ 140.00 per person per nights for double occupancy room.
4. US\$ 240.00 per person per nights for single occupancy room.

SHERATON LIMA HOTEL & CONVENTION CENTER

Address: Av. Paseo de la República 170, Cercado de Lima 15001

1. US\$ 135.00 per person per nights for triple occupancy room.
2. US\$ 190.00 per person per nights for double occupancy room.
3. US\$ 290.00 per person per nights for single occupancy room

*** The rates include accommodation, food, transportation from and to the airport, and internal transportation.**

11. Visa (Insert Requirements)

12. Order of Events

Friday, February 21, 2020

Warm-ups: 8:30 AM-10:00 AM, Competition: 10:30 AM

| Event # | Age Group | Event |
|-----------------|-----------|-----------------------------|
| 1-2 | 11-12 | 400 Meter Freestyle |
| 3-4 | 13-14 | 400 Meter Freestyle |
| 5-6 | 15-17 | 400 Meter Freestyle |
| 7-8 | 11-12 | 200 Meter Individual Medley |
| 9-10 | 13-14 | 200 Meter Individual Medley |
| 11-12 | 15-17 | 200 Meter Individual Medley |
| 13-14 | 11-12 | 50 Meter Freestyle |
| 15-16 | 13-14 | 50 Meter Freestyle |
| 17-18 | 15-17 | 50 Meter Freestyle |
| 10 Minute Break | | |
| 19-20 | 11-12 | 4 X 50 Meter Medley Relay |
| 21-22 | 13-14 | 4 X 50 Meter Medley Relay |
| 23-24 | 15-17 | 4 X 50 Meter Medley Relay |

Saturday, February 22, 2020

Warm-ups: 8:30 AM-10:00 AM, Competition: 10:30 AM

| Event # | Age Group | Event |
|-----------------|-----------|-------------------------------|
| 25-26 | 11-12 | 100 Meter Butterfly |
| 27-28 | 13-14 | 100 Meter Butterfly |
| 29-30 | 15-17 | 100 Meter Butterfly |
| 31-32 | 11-12 | 50 Meter Breaststroke |
| 33-34 | 13-14 | 50 Meter Breaststroke |
| 35-36 | 15-17 | 50 Meter Breaststroke |
| 37-38 | 11-12 | 200 Meter Freestyle |
| 39-40 | 13-14 | 200 Meter Freestyle |
| 41-42 | 15-17 | 200 Meter Freestyle |
| 43-44 | 11-12 | 100 Meter Backstroke |
| 45-46 | 13-14 | 100 Meter Backstroke |
| 47-48 | 15-17 | 100 Meter Backstroke |
| 49-50 | 13-14 | 400 Meter Individual Medley |
| 51-52 | 15-17 | 400 Meter Individual Medley |
| 10 Minute Break | | |
| 53-54 | 11-12 | 4 X 50 Meter Freestyle Relay |
| 55-56 | 13-14 | 4 X 100 Meter Freestyle Relay |
| 57-58 | 15-17 | 4 X 100 Meter Freestyle Relay |

Sunday, February 16, 2020

Warm-ups: 8:30 AM-10:00 AM, Competition: 10:30 AM

| Event # | Age Group | Event |
|-----------------|-----------|------------------------------------|
| 59-60 | 11-12 | 50 Meter Backstroke |
| 61-62 | 13-14 | 50 Meter Backstroke |
| 63-64 | 15-17 | 50 Meter Backstroke |
| 65-66 | 11-12 | 100 Meter Freestyle |
| 67-68 | 13-14 | 100 Meter Freestyle |
| 69-70 | 15-17 | 100 Meter Freestyle |
| 71-72 | 11-12 | 100 Meter Breaststroke |
| 73-74 | 13-14 | 100 Meter Breaststroke |
| 75-76 | 15-17 | 100 Meter Breaststroke |
| 77-78 | 11-12 | 50 Meter Butterfly |
| 79-80 | 13-14 | 50 Meter Butterfly |
| 81-82 | 15-17 | 50 Meter Butterfly |
| 10 Minute Break | | |
| 83 | 11-12 | 4 X 50 Meter Mixed Freestyle Relay |
| 84 | 13-14 | 4 X 50 Meter Mixed Freestyle Relay |
| 85 | 15-17 | 4 X 50 Meter Mixed Freestyle Relay |

**2020 UANA SWIMMING CUP
LIMA, PERU
PRELIMINARY ENTRY FORM**

Complete Online at [insert link] send to uanaswentries@gmail.com

The preliminary entry form must be returned to **UANA** no later than **December 10, 2019**.

Your Name: _____

Your Mobile/Cell Number (including country code): _____

Your Position Within National Federation: _____

National Federation: _____

Name of Team Coach (for all entries and technical matters): _____

Email Address of Team Coach (for all entries and technical matters): _____

Mobile/Cell Number of Team Coach (including country code): _____

Name of NF Contact for Logistics (hotels, flights, transportation & meals): _____

Email Address of Logistics Contact: _____

Mobile/Cell Number of Logistics Contact (including county code): _____

As of October 15, 2017, our delegation is estimated to comprise the following numbers:

| Category | 11-12 | 13-14 | 15-17 | Technical officials | Team officials | Coaches | Total |
|-----------------|--------------|--------------|--------------|----------------------------|-----------------------|----------------|--------------|
| Female | | | | | | | |
| Male | | | | | | | |
| Total | | | | | | | |

If Your NF intends to participate in the UANA Package:

Intended Arrival and Departure Dates of Team: _____

Preferred Hotel: _____

Estimated Number of Hotel Rooms Needed: _____

**UANA SWIMMING CUP
LIMA, PERU
APPLICATION FORM FOR TECHNICAL OFFICIALS**

Name: _____ Signature: _____

Address: _____

Country: _____

The Position I Can Fill Is: _____

I have served as a technical official during the past 4 years (list meets/events at which last officiated):

A) National: _____

B) International: _____

My Present Position as a Technical Official Is:

A) National: _____ B) UANA List #: _____ C) FINA List #: _____

This Form must be signed by the President or Secretary of the National Federation.

Name _____ Title _____

Date _____

NOTES: (1) TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS
(2) THIS FORM MUST BE RETURNED BY EMAIL TO UANA as follows:

Sonia O'Neal: sonpat@caribsurf.com
Jay Thomas: jaythomas@gmail.com
Raul Araya: araya.raul@yahoo.com.ar

Please submit no later than December 10, 2019.

Please observe deadline dates as stated in the Summons for accommodation and transportation.