

**BAHAMAS SWIMMING FEDERATION**  
**BAHAMAS LONG COURSE RECORDS**  
**SENIOR BOYS**

April 25, 2019

<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>CITY</b>	<b>DATE</b>
50 FREE	22.39	Vereance Burrows'89/UN	Rome	July 31, 2009
100 FREE	50.88	Vereance Burrows'89/UN	Rome	July 29, 2009
200 FREE	1:53.05	Jeremy Knowles'81/SWIFT	Nassau	June 27, 2008
400 FREE	3:59.01	Jeremy Knowles'81/UN	Nassau	July 11, 2003
800 FREE	8:22.31	Matthew Lowe'94/BSC	Nassau	February 19, 2016
1500 FREE	16:07.53	Matthew Lowe'94/BSC	Barcelona	August 3, 2013
50 BACK	26.66	Davante Carey'02/BAH	Barbados	April 21, 2019
100 BACK	58.31	Christopher Vythoukaskas'84/SBSC	Athens	August 15, 2004
200 BACK	2:08.86	Jeremy Knowles'81/SWIFT	Charlotte	June 8, 2008
50 BREAST	28.18	Dustin Tynes'96/SWIFT	Nassau	July 1, 2016
100 BREAST	1:01.56	Dustin Tynes'96/SWIFT	Atlanta	March 27, 2016
200 BREAST	2:17.78	Izaak Bastian'01/BSC	Kingston	March 31, 2018
50 FLY	23.74	Vereance Burrows'89/UN	Rome	July 26, 2009
100 FLY	53.51	Vereance Burrows'89/UN	Rome	July 31, 2009
200 FLY	1:58.25	Jeremy Knowles'81/SWIFT	Victoria	August 17, 2006
200 I.M.	2:01.35	Jeremy Knowles'81/SWIFT	Beijing	August 13, 2008
400 I.M.	4:22.04	Jeremy Knowles'81/UN	Santo Domingo	August 12, 2003
<b>RELAYS</b>				
200 FREE	1:34.77	Gershwin Greene, N'Nhyn Fernander; Keith Lloyd, Kohen Kerr/BSC	Nassau	June 26, 2016
400 FREE	3:31.46	Christopher Murray;Jeremy Knowles; Christopher Vythoukaskas;Allan Murray/BAH	Winnipeg	August 5, 1999
800 FREE	7:58.58	Jeremy Knowles;Christopher Vythoukaskas; Kristoph Carey;Travano McPhee/BAH	Santo Domingo	August 12, 2003
200 MEDLEY	1:47.57	Dionisio Carey; Dustin Tynes Jeremy Knowles, Joshua Roberts/SWIFT	Nassau	June 25, 2016
400 MEDLEY	3:49.83	Matthew Lowe;Dustin Tynes; Vereance Burrows;Armando Moss/BAH	Nassau	July 1, 2016

