

BAHAMAS SWIMMING FEDERATION

LONG COURSE RECORDS

GIRLS 15 & OVER - BAHAMAS

| EVENT | RECORD | NAME | CITY |
|---------------|---------|--|-----------|
| 50 FREE | 24.31 | Arianna Vanderpool-Wallace'90/UN | Toronto |
| 100 FREE | 53.73 | Arianna Vanderpool-Wallace'90/UN | London |
| 200 FREE | 1:58.03 | Joanna Evans'97/BAH | Colombia |
| 400 FREE | 4:07.60 | Joanna Evans'97/BAH | Rio |
| 800 FREE | 8:31.18 | Joanna Evans'97/BAH | Taipei |
| 50 BACK | 29.40 | Alana Dillette'87/SWIFT | Nassau |
| 100 BACK | 1:02.56 | Alana Dillette'87/BAH | Beijing |
| 200 BACK | 2:20.22 | McKayla Lightbourn'92/SWIFT | Nassau |
| 50 BREAST | 32.52 | Lilly Higgs'00/BAH | Nassau |
| 100 BREAST | 1:10.03 | Albury Higgs'99/BAH | Colombia |
| 200 BREAST | 2:30.29 | Laura Morley'96/BAH | Indiana |
| 50 FLY | 25.53 | Arianna Vanderpool-Wallace'90/BAH | Glasgow |
| 100 FLY | 58.87 | Arianna Vanderpool-Wallace'90/BAH | Charlotte |
| 200 FLY | 2:21.67 | Arianna Vanderpool-Wallace'90/BAH | Kingston |
| 200 I.M. | 2:17.45 | Joanna Evans'97/UNAT | Colombia |
| 400 I.M. | 4:50.38 | Joanna Evans'97/BAH | Colombia |
| RELAYS | | | |
| 200 FREE | 1:48.06 | Arianna Vanderpool-Wallace; Alicia Lightbourne; Ashley Butler; Ariel Weech/BAH | Aruba |
| 400 FREE | 3:47.40 | Alana Dillette; Arianna Vanderpool-Wallace; Ariel Weech: Alicia Lightbourne/BAH | Montreal |
| 800 FREE | 8:36.28 | Alana Dillette, Teisha Lightbourne; Jenna Chaplin; Arianna Vanderpool-Wallace | Mayaquez |
| 200 MEDLEY | 1:58.81 | Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler/SWIFT | Nassau |
| 400 MEDLEY | 3:58.12 | Joanna Evans, Bria Deveaux, Laura Morley, Arianna Vanderpool-Wallace/BAH | Nassau |

GIRLS 15 & OVER - OPEN

| EVENT | RECORD | NAME | CITY |
|---------------|---------|--|--------|
| 50 FREE | 24.94 | Arianna Vanderpool-Wallace'90/UN | Nassau |
| 100 FREE | 54.52 | Arianna Vanderpool-Wallace'90/UN | Nassau |
| 200 FREE | 2:00.64 | Andreina Pinto'91/VEN | Nassau |
| 400 FREE | 4:09.82 | Andreina Pinto'91/VEN | Nassau |
| 800 FREE | 8:32.19 | Joanna Evans'97/SWIFT | Nassau |
| 50 BACK | 28.82 | Fernanda Gonzalez Ramirez'90/MEX | Nassau |
| 100 BACK | 1:01.41 | Fernanda Gonzalez Ramirez'90/MEX | Nassau |
| 200 BACK | 2:15.45 | Carolina Colorado'87/COL | Nassau |
| 50 BREAST | 32.39 | Branca Rodriguez Villa'94/MEX | Nassau |
| 100 BREAST | 1:09.97 | Ana Carrillo Avilez'93/MEX | Nassau |
| 200 BREAST | 2:27.77 | Esther Gonzalez Medina'95/MEX | Nassau |
| 50 FLY | 26.56 | Arianna Vanderpool-Wallace'90/SWIFT | Nassau |
| 100 FLY | 59.37 | Isabella Paez'95/VEN | Nassau |
| 200 FLY | 2:10.10 | Andreina Pinto'91/VEN | Nassau |
| 200 I.M. | 2:18.06 | Esther Gonzalez Medina'95/MEX | Nassau |
| 400 I.M. | 4:56.57 | Hamida Rania Nefsi'97/ROD | Nassau |
| RELAYS | | | |
| 200 FREE | 1:50.01 | Gaby Ponson; Cindy Maduro Daniella Van den Berg; Ally Ponson/ARU | Nassau |
| 400 FREE | 3:58.12 | Joanna Evans, Bria Deveaux, Laura Morley, Arianna Vanderpool-Wallace/BAH | Nassau |
| 800 FREE | 8:47.43 | Julliana DE Jesus; Marissa Lugo Laura Figueroa; Celismar Guzman/PUR | Nassau |
| 200 MEDLEY | 1:58.81 | Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler/SWIFT | Nassau |

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| 400 MEDLEY | 3:58.12 | Joanna Evans, Bria Deveaux, | Nassau |
| | | Laura Morley, Arianna Vanderpool-Wallace/BAH | |

May 17, 2019

| DATE |
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| July 14, 2015 |
| August 1, 2012 |
| July 21, 2018 |
| August 6, 2016 |
| August 25, 2017 |
| June 20, 2011 |
| August 10, 2008 |
| June 16, 2012 |
| July 20, 2017 |
| July 21, 2018 |
| May 17, 2019 |
| July 28, 2014 |
| May 16, 2015 |
| April 9, 2007 |
| July 29, 2018 |
| July 23, 2018 |
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| March 30, 2008 |
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| March 29, 2012 |
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| July 18, 2010 |
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| June 20, 2011 |
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| June 29, 2016 |
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July 2, 2016

| DATE |
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| June 26, 2016 |
| June 25, 2016 |
| June 24, 2016 |
| June 26, 2016 |
| June 23, 2016 |
| June 29, 2016 |
| June 30, 2016 |
| July 2, 2016 |
| July 1 2016 |
| June 30 2016 |
| June 29, 2016 |
| June 25, 2015 |
| June 24, 2016 |
| June 25, 2016 |
| June 30, 2016 |
| June 25, 2016 |
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| April 15, 2012 |
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| June 29, 2016 |
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| July 1, 2016 |
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| June 20, 2011 |
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| June 29, 2016 |
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