



Bahamas Swimming Federation
BSF Last Chance Meet
Betty Kelly-Kenning Aquatic Center
Nassau Bahamas

Last Chance Meet

Friday, March 6 - 7, 2020 (Open to all swimmers)

Session 1- Friday, March 6, 2020, 6:00pm (Warm Up 4.30pm)

Session 2- Saturday, March 7, 2020, 8:30am (Warm Up 7.00am)

Session 3- Saturday, March 7, 2020, 4:30pm (Warm Up 3.00pm)

Eligibility

- 1. All BSF Registered Swimmers as at Entry Deadline Date. Any registration after entry deadline date will be considered a late entry and applicable penalties will apply.*
- 2. Swimmers, whose BSF registration has expired as at entry deadline date will be ineligible to compete in the Last Chance Meet and if renewed after entry deadline date, will be considered a late entry and applicable penalties will apply.*

- 3. Clubs who have not renewed their 2020 Registration or are in arrears with payments to the BSF will be ineligible to enter swimmers into the Last Chance Meet. If renewal is completed after entry deadline, all Club Entries will be considered late and the applicable penalties will apply.*
- 4. International Swimmers are eligible to compete as long as they have been duly authorized by their Federation.*

Entries

- 1. Deadline March 1, 2020 5pm for Last Chance Meet.*
- 2. Hytek Electronic Files only should be forwarded to John Bradley at johnbsail@gmail.com Confirmation emails will be sent on receipt of all entries. Paper entries are to be delivered to Alexis Wells or Rochelle Bastian.*
- 3. A \$100 surcharge will apply to all clubs not submitting entries using Hytek Electronic file format. The fee will be waived for unattached swimmers only. Clubs that choose to pay the entry penalty should submit entries using the attached entry grid.*
- 4. No Deck Entries will be accepted.*

Fees

- 1. Entry Fee - \$4 per individual event*
- 2. \$3.00 BSF Surcharge per swimmer*
- 3. All fees due with entries. If not sent electronically, fees must be delivered to John Bradley, Entries will not be processed until fees are received and will be considered late if fees received after the entry deadline.*
- 4. No Late entries will be accepted without penalty. A \$50 fee (applicable to all clubs and/or individuals) will apply for all late entries accepted after March 1st, 2020*
- 5. A \$50 penalty will apply to all clubs and/or unattached swimmers to all changes made to entries submitted and a further \$50 penalty will apply if changes are required after the entry deadline*

Marshaling

- 1. There will be no Marshaling at this meet....*
- 2. Swimmers who do not report to the start of their race as per existing swimming rules will automatically be recorded as no-show.*

- 3. Races will not be delayed for any late arriving swimmers or for swimmers entering back/back or recently completed events.*
- 4. Swimmers are reminded that the Meet Referee may combine races and are therefore required to be at the starting blocks at least 3 races prior to their entered race.*
- 5. Time Trials will only be allowed for events in the session in which the event is being swum and will not be offered to swimmers who did not enter and swim that event in the meet. The only exception will be if the swimmer applies to the BSF in advance of the meet, giving suitable evidence that they are not able to attend a particular session where the event is being offered and/or if their scheduled flight is proven to be delayed to an extent that the swimmer is not able to reach the pool in time.*

All Time Trial entries are due 30 minutes before the start of the session. Late Time Trial Entries will not be accepted and entries will only be accepted if they are accompanied with a \$10 fee per race. Refunds for swimmers not participating in the Time Trial will not be given.

Time Trials will not be offered for any event longer than 200 meters.

All Time Trials must be approved by the Meet Referee and/or Meet Director.

Restrictions

- 1. Swimmers not competing should not be present in any of the competition restricted areas.*
- 2. Coaches should not enter the competition restricted areas.*
- 3. Parents are not allowed on the pool deck.*
- 4. Swimmers not registered for the 2020 Swim Season will be required to pay entrance fees. NO EXECPTIONS*

Competition

- 1. Over-The-Top Starts will be used for all events except backstroke, unless altered for any race by the Referee and/or Starter.*
- 2. This is an Open Category competition. Swimmers will be seeded according to entry times.*
- 3. Swimmers are strongly discouraged to enter successive events unless they can compete in these events without a supplemental rest period. Rest periods are not provided between events*
- 4. Positive check in is required for the 800 & 1500 free and also the 400 IM. (One Hour before the session starts). Swimmers should note that these events may be combined and swimmers who have not checked in at least one hour prior to their event will not be allowed to swim the event.*

Meet Director - John Bradley

Timers: **Session 1** **Mako Swim Club, SWAT, DSC, BWSC**
 Session 2 **Barracudas Swim Club, YMCA & Team Orca**
 Session 3 **Alpha Aquatics, FAC, Mantas & LSC**

ORDER OF EVENTS

Friday, March 6th

Session 1

Warm Up 4:30 PM

Start Time 6:00 PM

Event 1	800m	Freestyle (mixed)
Event 2	1500m	Freestyle
Events 3-4	200m	Breast
Events 5-6	50m	Back
Events 7-8	100m	Butterfly

Saturday, March 7th

Session 2

Warm Up 7:00 AM

Start Time 8:30 AM

Events 9-10	400m	Ind Medley
Events 11-12	200m	Freestyle
Events 15-16	50m	Breast
Events 17-18	100m	Back
Events 19-20	200m	Butterfly
Events 21-22	50m	Freestyle

Session 3

Warm Up 3:00 PM

Start Time 4:30 PM

Events 23-24	100m	Freestyle
Events 25-26	200m	Ind Medley
Events 27-28	400m	Freestyle
Events 13-14	50m	Butterfly
Events 29-30	100m	Breast
Events 31-32	200m	Back

NOTE: ALL EVENTS ARE OPEN. ODD EVENTS ARE WOMEN / EVEN EVENTS ARE MEN